

LAKEWOOD RECREATION FALL PROGRAMS 2019

Youth Programs

(All Sport Programs Begin the Week of September 16th and End on Dec. 13th)

OPEN GYM

Tuesdays and Thursdays: 6:30 – 8:30pm at Lakewood High School Gym

Sports Including Basketball, Volleyball, and Indoor Track

Ages: High School and Up - **\$2.00 Fee for each Visit.**

Grades 9-12 Must Have Parental Permission Slip.

Co-Ed Instructional and League Soccer Play

Ages 4-12 – Monday and Wednesday Nights:

6:30 - 7:30pm – 4, 5, and 6 year olds

7:30 – 8:30pm – 7, 8, and 9 year olds

8:30 – 9:30pm – 10, 11, and 12 year olds

Friday (**Rain Makeup**) Follow Schedule Monday-Wednesday

Register for the John Patrick Sports Complex (\$10.00 Registration)

Lakewood Recreation "Escape" Wrestling Instruction

Join Some of the Best Wrestling Coaches in Learning the Conditioning, Discipline and Skill to Become a First-Class Wrestler. Every Tuesday and Thursday 6:30-8:00pm in the Lakewood High School Wrestling

Room. **Grades 1-12 – (\$10 Registration)**

Adult Programs

Free Classes of Jewelry, Crochet and Arts & Crafts.

All Classes at the John Patrick Sports Complex at 1000 Vine Ave.

Monday and Wednesday: 10:00am 12:30pm – Jewelry Making and Arts & Crafts

Tuesday and Thursday: 10:30am – 12:30pm - Crochet

Lessons are Free – (Bring Your Own Supplies) Ending on Nov. 14th

Halloween Parade

October 31st – Lakewood Town Square 4:00PM

Free Face Painting, Costume Parade, Free Trick or Treat Candy Bags, and DJ.

Sponsored by the Lakewood Police Department, Lakewood Fire Department, EMS, and Lakewood Rec.

Santa Parade: December 14th – Lakewood Town Square 1:00PM

LAKWOOD RECREATION PROGRAMAS DE OTOÑO 2019

Programas Juveniles

(Todos los programas deporte empiezan la semana de 16 de Septiembre – 13 de Diciembre)

OPEN GYM

Martes y Jueves: 6:30 – 8:30pm en Lakewood High School Gym

Deportes incluidos Basketball, Volleyball, y Indoor Track

Edades: ESCUELA SECUNDARIA Y MAYORES- \$2,00 tarifa por cada visita.

Grados 9-12 debe tener la hoja de permiso parental.

Co-ed juego instruccional y de fútbol

Edades 4-12 – Lunes y Miercoles noches:

6:30 - 7:30pm – 4, 5, y 6 años

7:30 - 8:30pm – 7, 8, y 9 años

8:30 - 9:30pm – 10, 11, y 12 años

VIERNES (maquillaje de la lluvia) Seguir horario lunes-miércoles

Regístrese en el complejo de deportes John Patrick (\$10,00 registro)

Lakewood Recreation "Escape" instrucción de lucha libre

Únase a algunos de los mejores entrenadores de lucha libre en el aprendizaje del condicionamiento, la disciplina y la habilidad. Todos los martes y jueves 6:30-8pm en la sala de lucha de la escuela secundaria de Lakewood. Grados 1-12 – (\$10 registro)

Programas para adultos

Clases gratuitas de joyería, ganchillo y artes y manualidades.

Todas las clases en el John Patrick Sports Complex a 1000 Vine Ave.

Lunes y Miercoles: 10am – 12:30pm – Joyeria fabricacion y Artes y manualidades

Martes y Jueves: 10:30am – 12:30pm – Tejer

Las lecciones son gratuitas – traiga sus propios suministros finalizando noviembre 14

Desfile de Halloween

31 de octubre^s – Lakewood Town Square 4:00PM

Libre pintura de la cara, desfile del traje, Libre Truco o trato bolsas de caramelo, y DJ.

Patrocinado por el Departamento de policía de Lakewood, Departamento de bomberos de Lakewood, EMS, y Lakewood Rec.

Desfile de Santa: 14 de diciembre – Lakewood Town Square 1:00PM