

Lakewood Recreation Fall Programs 2016

Youth Programs

(All programs begin the week of September 19, 2016)

Co-ed Instructional and League Soccer Play

Ages 4-12. Monday and Wednesday evenings: Saturday Morning Games

MONDAY 6:00-7:15 pm -4,5, & 6 year olds 7:15-8:30 PM -7 & 8 year olds

WEDNESDAY 6:30-7:45 pm-9 & 10 YEAR OLDS 7:45-9:00 PM- 11 year olds and up

Saturday Games: 9:00-10:00 AM – 4, 5, & 6 year olds

10:00-11:00 AM – 7 & 8 year olds

11:00-12:00 – 9 & 10 yr. olds, and 11 yr. olds and up

Register at John Patrick Sports Comp (\$10.00 registration)

“Escape” Wrestling Instruction

Join some of the top wrestling coaches in learning the conditioning, discipline, and skill to become a top wrestler. Every Tuesday and Thursday 6:30-8:30 pm at the Lakewood High school wrestling room. Grades 1-12/ \$10.00 registration fee.

Halloween Parade

October 31st in Lakewood Town Square at 4:00pm.

Free face painting, costume parade, D.J., and Free Trick or Treat candy bags. Sponsored by Lakewood Police Department, Lakewood Fire Department, EMS, and Lakewood Township Recreation.

Adult Programs

Free Jewelry, Crochet, Arts & Crafts Lessons. All Classes at Lakewood Community Center (4th St.)

Monday: 11:30am-1:30pm – Jewelry Making

Tuesday: 11:30am-1:30pm – Crochet

Wednesday: 11:30-1:30pm – Arts and Crafts

LESSONS ARE FREE, YOU BRING YOUR OWN SUPPLIES

Adult Open Gym

Every Tuesday from 6:30-8:30 pm at Lakewood High School Gymnasium. Basketball, Volleyball, Weight room, and Indoor Track. \$2.00 sign in fee each visit. (MEN ONLY)

Every Thursday from 6:30-8:30 pm at Lakewood High School Gymnasium. Yoga, Basketball, Volleyball, Indoor Track. FREE, must sign in each visit. (WOMEN ONLY)

SANTA PARADE, SATURDAY DECEMBER 3, 2016. TOWN SQUARE 1:00 PM