LAKEWOOD MUNICIPAL ALLIANCE

It doesn't get more local than this!



WHO IS THE MUNICIPAL ALLIANCE?

Municipal Alliances throughout the state are comprised of dedicated and concerned citizens, policymakers and stakeholders who want to prevent alcohol abuse and drug abuse in their communities. The Lakewood Municipal Alliance is working to deliver evidence-based prevention programs that have a <u>proven track</u> <u>record of success</u> throughout New Jersey.

The Lakewood MAC directs their efforts toward addressing Underage Drinking. Interested in having a substance abuse program at your club, group or school? Contact Victoria Machtinger, Lakewood MAC Coordinator at (732) 341-9700 ex: 7508

GET TO KNOW GCADA

Raymond Coles

Lakewood

Municipal

Alliance Committee (MAC)

Autumn 2023

Moshe Raitzik, Chairman

Mike McNeil

Oscar Orellana

Rabbi Peretz Boruch Eichler The Governor's Council on Alcoholism and Drug Abuse administers the State's \$10 million Alliance to Prevent Alcoholism and Drug Abuse Program which is the largest network of community-based anti-drug coalitions in the nation with thousands of stakeholders serving on nearly 400 Alliances encompassing more than 530 municipalities throughout New Jersey. Municipal Alliances are established by municipal ordinance and engage residents, local government and law enforcement officials, schools, nonprofit organizations, the faith community, parents, youth and other allies in efforts to prevent alcoholism and drug abuse in communities throughout New Jersey. The Council receives funding to administer the program from the Drug Education Demand Reduction Fund (DEDR) established to collect fines from individuals who are assessed such when convicted of a drug offense. County and Municipal Alliance award recipients are required to match the Council grants with a cash-match of 25% of the award and 75% in-kind-services. This matching requirement is unique in the country and has the effect of doubling the impact of the Council grants to total nearly \$20 million per year in programs and activities.



COME JOIN US AT A MEETING!

The MAC welcomes your input and participation as we work together to make Lakewood Township a great place to live, work and enjoy. The Lakewood Municipal Alliance meets four times during the year on the third Wednesday of the month at 8:30 A.M. Virtually! Please contact the Victoria Machtinger at <u>vmachtinger@ochd.org</u> for information! The meetings are open to the public.

Upcoming LMAC Meeting Calendar 2023



October	January	April 17th	July 17th
18th 2023	17th 2024	2024	2024

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WHAT'S HAPPENING?

Wellness Initiative for Senior Education

FOR MOREINFORMATION, CONTACTVICTORIA MACHTINGERAT732-341-9700 x7508VMACHTINGER@OCHD.ORGVMACHTINGER@OCHD.

As more Americans enter their senior years and life expectancies reach record highs, it is more important than ever for seniors to focus on their health and wellbeing. It is critical to recognize that life choices and individual behaviors can have a significant impact on quality of life. The WISE program sessions take place once a week for six weeks. Each session is about two hours in length. Session topics include medication use and misuse, stress management, the aging process, depression, alcoholism and prescription drug abuse.



WHAT'S GOING ON?



<u>Al's Pals</u>

Al's Pals[™] is an evidence-based, comprehensive social–emotional learning curriculum and professional development program designed to meet the specific needs of preschool children. With both print and digital curriculum resources, Al's Pals[™] helps develop the foundational skills children need for success in school and in life by promoting social–emotional skills such as selfcontrol, problem-solving, and healthy decisionmaking. Designed for children ages 3–6, Al's Pals[™] includes developmentally appropriate, puppet-based lessons; impactful teaching approaches; and engaging family resources that are available in English and Spanish.

UPCOMING EVENTS

KNOCK OUT OPIOID ABUSE DAY October 6th 2023

The statewide single-day initiative will mobilize the prevention and treatment communities, community leaders and concerned citizens to raise awareness of the potential for dependency on prescribed pain medicine and its link to heroin abuse rates in our state.

